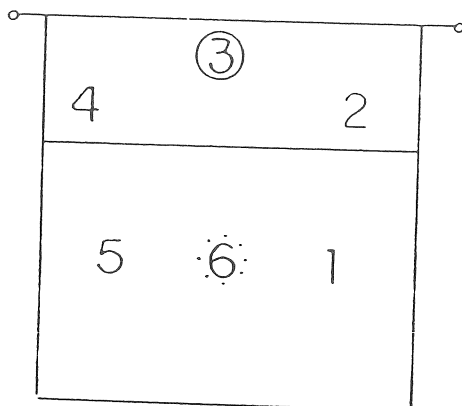


4 - 2 OFFENSIVE SYSTEM

Four of the players are hitters and two are setters. The setter in the front row does the setting. There are two front row hitters.

The two setters line up opposite each other so that as one rotates out of the front row, the other rotates into the front row.

Normally, the system is used at lower levels when the pass serve is not accurate, and/or when the setters are too short or not effective hitters.



SERVICE RECEPTION W FORMATION

The W formation is appropriate for lower levels of play, particularly with the 4 - 2 offensive system. A large space is left in the middle of the court into which the setter moves to receive the pass. Precise passing is not critical, but the setter needs space to avoid collisions and confusion as he/she moves under the pass.

In the 4 - 2 system, the setter commonly switches to play the number 3 position thus spreading the front row hitters to each side. At lower levels, the opponent's attack is usually not consistent and a tall middle blocker is not required. A short setter operating from the number 3 position can use a forward or backward set to each antennae and spread the opponent's blockers.

